

MARCH 2026 • ISSUE NO. 3

HEART OF TEXAS OA NEWSLETTER

The Newsletter of the Heart of Texas OA Intergroup

RESOURCES

[12th STEP SERVICE
OPPORTUNITIES](#)

[FIND A MEETING](#)

[OA Virtual Region](#)

CONTACT US!

By phone:
512.677.5590

Email
info@heartoftexasoa.org

By mail:
PO Box 4116,
Austin, TX
78765

Our website:
heartoftexasoa.org

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NEWSLETTER - click
here**



[Photo by Christian Buehner on Unsplash](#)

Tears don't come easily

Tears do not come easily to me. When I was young, my father, in particular, did not like to hear my siblings and me crying. He would get so frustrated that he would bel- low "STOP CRYING OR I WILL GIVE YOU SOMETHING TO CRY ABOUT!" A spanking might follow and early on, I learned to suppress any tears and displays of distress.

Earlier this week, a person with whom I am close, de- scribed the beginning, middle, and end of the weeks of hospice care with his spouse. I found myself crying al- most continuously as he described the unfolding of their final days together.

continued on page 2

continued from page 1

Crying is one way we release the deep feelings that arise as we grieve the loss of a loved one or a long-held aspiration that will not come into being.

Eating excess amounts or other unhealthy food behaviors are ways we cope.

In OA we are encouraged to work the steps daily. I am currently working on Step 7 – Humbly asked him (or her) to remove my shortcomings.

In Step 6, I stated that I am “entirely ready to have (the) God (of my understanding) remove ALL these defects of character.

A prior sponsor had sent me a whole list of common defects of character. I keep them in a folder with her name and pull them out occasionally for a quick review. I quickly identify it and see what to seek in contrast to that defect. For example, if I am impatient, I pray for patience.

I have noticed that one of my biggest challenges in my life is my seeking to have more connected relationships between the remaining members of my family of origin.

I have two siblings that do not speak to one another and at a recent family wedding we were all in the same location for the first time in five years. That was at the wedding of my son and daughter in law five years ago. Since the recent wedding was that of my youngest nephew, I do not expect us to be together again for a joyous occasion.

I am most likely to ignore my food plan and my desire for continuous abstinence when I am emotionally charged with grief.

Then, I pray. My Creator, I am now willing for you to have all of me – Good and Bad. I pray that you now remove from me every single defect that stands in the way of my usefulness to you and my fellows. Remove from me the compulsion to control. Grant me compassion for those who are suffering as I have suffered.

Please consider asking yourself to be released from your suffering. Place your hands over your heart and offer your body, mind, and spirit the self-compassion to face this day and this day only.

Bridgette B.



Region 3 Keep Your Virtual Meetings Secure!

- Are constant disruptions interfering with your virtual meetings? It's time to take charge and create a secure, seamless experience for everyone!
- Register to attend the Zoom Security Training Session, held every 3rd Saturday of the month at 3:30pm Central Time, and learn the keys to safeguard your meetings.
- Reserve Your Spot Today! Simply email Jenean B. at jenean.oa2023@icloud.com to register. Registered members will be provided with the Zoom link to attend the training session two days in advance.
- Don't wait—empower yourself with the knowledge to keep your meetings distraction-free and safe.
- Make security your superpower!

<https://www.oaregion3.org/event/zoom-security-training-2-2/2025-09-20/>

Abstinence

"Five things I abstain from:

- *Leaving my recovery program.
- *Starting over.
- *Negative thinking.
- *Doing it perfectly.
- *Doing it alone."

-OA member share

By grace, I talk to a lot of women in relapse.

As we all moved to zoom with the pandemic in 2020, I started to attend 1-3 OA meetings each day.

It was the only way I could stay out of the food.

I have done 90 meetings in 90 days many times over.

Meetings are still very important to me.

Recently, as I prayed for someone in relapse, I was led to acknowledge my own history of relapse and suggest two tools-

- *Go to a meeting.
- *Do something that doesn't involve food.

Our program is simple, but not easy.

I've learned to come all the way into the rooms and sit all the way down.

I never want to forget the hell of living in active food addiction.

My "ego" can be a bossy thing, is out of touch, sassy, often alone, pushes people away and makes up all kinds of stories.

My ego relies on willpower.

My spiritual program of OA depends on willingness.

- Kris I.





Dallas Metroplex Intergroup
 is honored to host the
**Spring 2026 Region 3 Assembly /
 Texas State OA Convention**
 March 6-8, 2026
 Irving, Texas



Convention Schedule and More Information:
www.txoaconvention.org

REGISTRATION INFORMATION

Registration link:

[Registration - TX OA Convention](http://www.txoaconvention.org)

- ❖ Full convention registration includes breakfast Saturday and Sunday and dinner on Saturday night
- ❖ Early bird registration (before February 1) - \$125
- ❖ Registration (February 1 and after) - \$150
- ❖ Saturday in-person only (includes dinner) - \$75
- ❖ Virtual registration (includes 3 keynote speakers) - \$30
- ❖ Scholarships are available

Note: An optional soup, deli, and salad bar lunch is available on Saturday for those who do not want to leave the hotel to eat. Tickets are \$26 (includes tax and tip), added to registration.

Convention or Registration Questions:
info@txoaconvention.org

Available Service Opportunities

- | | |
|--------------------------------|--------------|
| Speakers (one year abstinence) | Registration |
| Set-up | Decorations |
| Session Monitors | Hospitality |
| Greeter/Hugger | Clean-up |
| Literature | |



HOTEL INFORMATION



Hilton Garden Inn DFW Airport South
 2001 Valley View Lane
 Irving, Texas 75061

[Hotel Reservation Link](#)

Reservation Phone: 972-313-2800
 Ask for the **Texas State OA Convention Rate**

- ❖ Room rate of \$140 (+ fees/taxes) until February 2
- ❖ After February 2, subject to availability and rate increase
- ❖ If double occupancy rooms are no longer available, there is an adjacent hotel that will honor the same rate (before February 2)
- ❖ Free shuttle from airport
- ❖ Coffee maker, refrigerator, and microwave in guest rooms
- ❖ Free parking
- ❖ Fitness center
- ❖ Outdoor pool
- ❖ On-site restaurant



**WERE YOU ONE OF THE GREATEST
 COMPULSIVE OVEREATERS WHO HAS
 PUT THE FORK DOWN?**

Bring a fork and \$5 to enter the **OA Hall of Fame!**
 We are making an art piece for our convention to be kept at the Oasis Club in Houston. Forks will be available for purchase too.

**12 Seater Ride Share Van to the
Dallas Texas State OA Convention
March 6-8**

**Reserve your spot call or text
Jill E.**

(512) 657-7677

Cost \$20 Round Trip



You Are Not Alone

Quarterly Region 3 Relapse Prevention Workshop

Saturday, March 14, 2025

Time: 1:00 pm – 2:30 pm CT

Come and hear a speaker share their experiences
with relapse/relapse prevention!

Zoom ID: 881 1854 0543

Password: itworks

Questions? Email

Jenean.oa2023@icloud.com

Sponsored by Region 3 TSW

8 Practical Lessons A Member Learned About Relapse and Recovery In OA



CLICK HERE TO
READ THE NOV 19,
2025 OA LIFELINE
ARTICLE :

[Eight Practical
Lessons I've
Learned from
Working OA's
Twelve Steps](#)

Some notable relapse-related quotes from the OA Lifeline Article are:

... I had dealt with the allergy of the body and become food neutral, [but] I had not addressed the obsession of the mind by immersing myself in the Steps, and this led me to relapse.

I've always had a relationship with a Higher Power, but I fall into the category of "praying to lose weight but not praying to be willing to surrender."

Acceptance of myself as a true compulsive overeater has been key to making the changes needed for my health. It doesn't matter what other people can or will eat. There are certain things I can't eat and certain emotions and situations that are triggers for me that I have to deal with in a way that is healthy for me.

When I began the practice of living in Steps Ten, Eleven, and Twelve, I began to see that this was a commitment to my Higher Power, to myself, and to my fellows in the program—in that order. And I don't have to feel like practicing Steps Ten, Eleven, and Twelve, I just have to do them.



This message is from the Region 3 Twelfth Step Within (TSW) Committee, reaching out those who still suffer and address relapse recovery.

OA Resource Guide

Find a meeting

[Heart of Texas OA Website](#)

[Heart of Texas Meeting Calendar](#)

for meeting documents scroll down

[Heart of Texas Event Calendar](#)

[OA Region 3 Website](#)

[OA Region 3 Event Calendar](#)

[OA.org](#)

[Texas State Convention Website](#)

[OA Virtual Region](#)

Need literature call Lee
at 512-638-2333

Contact Us

By phone: 512.677.5590

Email: info@heartoftexasoa.org



[Illustrations from vecteezy.com](https://www.vecteezy.com)

Writers Needed for the Newsletter!



[Illustration from vecteezy.com](https://www.vecteezy.com)

5 ways you can carry the message

1. If you shared your experience, strength and hope in a meeting, why not put it in writing and share it in the intergroup newsletter?
2. Journaling with your sponsor on the steps or traditions, why not share it anonymously in the newsletter?
3. Read a good piece of OA literature? Please share a review of how it helped you with your program!
4. Are the tools helping you? Please share how one of the tools has strengthened your program.
5. Promises coming true in your life give hope to others who are suffering.

Articles are needed by the 15th of the month preceding publication. Any length accepted in these formats: word documents, emails, google docs, & pdfs.

Please send your articles to: newsletter@heartoftexasoa.org

Faith

STEP THREE

Made a decision to turn our will and our lives over to the care of God as we understood Him.

Identity

Tradition Three

The only requirement for OA membership is a desire to stop eating compulsively.

Concept Three

The right of decision, based on trust, makes effective leadership possible.

3rd STEP PROMISE

We will comprehend the word "serenity."

Step 3 Prayer

Big Book pg. 63

God, I offer myself to Thee – to build with me and to do with me as Thou wilt.

Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love and Thy Way of Life.

May I do Thy will always!



FIND A MEETING - PHASE TWO IS UNDERWAY

January 2026: We're making great progress on improving the Find a Meeting search, with major enhancements expected to release in mid-March. In the meantime, please make sure your meeting information is up to date to help ensure a smooth transition. As of the end of 2025 we have collected **\$22,566** toward our \$75,000 goal. We hope you will be as excited as we are about the changes your support is making toward our outreach to those who are seeking a solution to our common problem.



With Your Help, We Can Provide:



More meeting details:

- Accessibility information
- Location specifics
- Group name
- Duration - how long
- Frequency - how often



Improved speed & reliability



Easier meeting updates



Enhanced search capabilities



Better smartphone display

Together we can reach \$75K- Every Contribution Matters!

- Go to oa.org/contribute
- Specify "Find a Meeting Improvements"
- Contributions by mail are welcome

CONTRIBUTE ❤️



OVEREATERS ANONYMOUS® 6075 Zenith Ct NE
Rio Rancho, NM 87144 USA

Next Intergroup meeting is
Saturday, 10:30 am CST

March 14

Come join us all are welcome!



Illustration from vecteezy.com

The Heart of Texas Intergroup meets the first Saturday of every month
Anyone interested in learning more or serving is invited!

Intergroup Zoom Link:

<https://us02web.zoom.us/j/2639556764?pwd=UzNuV20zSVZlWC9uK3RoCldpVVFmQT09>

Meeting ID: 263 955 6764

Passcode: 121212



OA RECOVERY LINE

The LA Intergroup has set up an OA Recovery Line for anyone with questions about the program or needs to connect with a fellow. Whether you are struggling in the middle of the night, living in a remote location or just need a program boost, volunteers from our OA Recovery Line will remind you that you are not alone.

**CALL OR TEXT
818-794-0880**

TO VOLUNTEER FOR THE RECOVERY LINE, PLEASE EMAIL OUTREACH@OALAIG.ORG

*The opinions
expressed here
do not necessarily
represent Heart of
Texas Intergroup
or OA as a whole.*



THANK YOU TRUSTED SERVANTS FOR 2025!

Did you know that the Heart of Texas Intergroup operated this past year *without* a secretary? If groups don't send group representatives to intergroup we won't have the support needed to host the state convention, provide workshops, literature, information, telephone answering, a newsletter, or website. Help is needed to carry the message! Many hands make light work!

POSITIONS OPEN in 2026 are highlighted in RED

OFFICERS

chairperson@heartoftexasoa.org

Chair— **OPEN 2026**

vicechair@heartoftexasoa.org

Vice Chair— **Rhonda J.**

treasurer@heartoftexasoa.org

Treasurer— **Melissa R.**

secretary@heartoftexasoa.org

Secretary — **Clyde H (served 1 year)**

R3 Reps/WSBC Delegates –

r3rep-1@heartoftexasoa.org

Rep #1 — **OPEN POSITION**
2026 - 2 year term

r3rep-2@heartoftexasoa.org

Rep #2 — **Vonnie N.**
2026 - 2 year term

COMMITTEE CHAIRS

literature@heartoftexasoa.org

Literature—**Lee A.**

12th-step-within@heartoftexasoa.org

12th Step Within—**OPEN POSITION**

group-outreach@heartoftexasoa.org

Group Outreach—**Rhonda J.**

newsletter@heartoftexasoa.org

Newsletter Editor—**Melanie S.**

info@heartoftexasoa.org

Information Service — **Betty T.**

webmaster@heartoftexasoa.org

Webmaster—**Clyde H.**

public-outreach@heartoftexasoa.org

PIPO Chair—**Bob C.**

Young Adults— **OPEN POSITION**



[Illustrations from vecteezy.com](https://www.vecteezy.com/)

Heart of Texas Intergroup Mission Statement

To support individuals in need of recovery from compulsive eating (e.g.: overeating, bulimia, anorexia) through empowering all meetings within the Intergroup.

[What is an Overeaters Anonymous Intergroup?](#)

The following HOTIG 2026 Officer & Committee positions are open.

Please see [the bylaws](#) for further information about
Regional and World Service Representative positions.

OFFICER POSITIONS

To qualify for election to the HOTIG Board, a person must at the time of their election:

Be an active member of an OA group within the geographical boundaries of the HOTIG. Have served as a meeting representative to HOTIG for one year and have attended at least four Intergroup meetings in the past year. Follow the Twelve Steps, Twelve Traditions and Twelve Concepts of OA Service to the best of his/her ability.

The Chairperson shall preside at all HOTIG monthly meetings and at any special meetings. The Chairperson prepares meeting agendas and is one of the signers of the bank accounts.

The Regional Representatives and Alternate(s) represent the HOTIG at Region 3 Assembly and World Service Business Conference (WSBC) as Delegate. Representatives/Delegates may be instructed as to the desires of the HOTIG, and shall not vote against these wishes unless situations arise that make it necessary for the best interests of OA as a whole.

COMMITTEE POSITIONS

Committee Chairs shall be OA members who attend an OA group within the geographic boundaries of the HOTIG and who have attended at least four Intergroup meetings in the past year

The Young Adults Chairperson coordinates activities to carry the message of recovery to persons in their teens and twenties, following the WSO Guidelines.

The 12th Step Within Chairperson coordinates Intergroup activities in support of encouraging existing OA members to become or remain abstinent, to work the Twelve Steps and to give service to the best of their ability. These activities may include: preparing and presenting workshops, marathons and retreats; sponsoring personally or by mail/email; focusing on membership retention; and providing literature that addresses Twelfth-Step-Within concerns

NEW Face to Face OA Meeting in Round Rock

Tuesdays 10 am

Grace Lutheran Church
708 Bluff Drive
Round Rock, Texas 78681
Contact Jill S. 512-659-8508
for more information

*Meeting is held in the
Wemecke Grace House
located behind the church
building on Bluff Drive —
in the Blue Room.*

Some used OA Literature has been returned to Heart of Texas Intergroup Literature Stock

They were used for reading in a meeting and are marked "Group Copy" or "Meeting Copy" and cannot be sold.

The following titles are available to groups for use in their meeting rooms. This will leave their new books available for sale to individuals.

AA Big Book Hardback 4th edition

Abstinence

For Today

OA Brown Book 3rd edition

12 Steps & 12 Traditions of OA

Let me know what you would like to borrow.

Also, if any groups have marked books to share with another group let me know that too.

Lee Alvord Text 512-638-2333



NEED LITERATURE?

To order OA books and pamphlets

Contact Lee by text at 512-638-2333.

Arrange for pick-up at her North Austin home.



Order Form for Region 3 Daily Journal

\$19.50 Each – includes Postage and Handling

Order Online:

www.oaregion3.org

Please allow 4-6 weeks for delivery

or email this order form to R3Treasurer@oaregion3.org

Mail to (PRINT LEGIBLY)

Name: _____

Address: _____

City _____

State _____ Zip _____

Quantity: _____ Amount Enclosed: \$ _____

Notes: _____

For Discounted Bulk Service Body Orders email R3Treasurer@oaregion3.org

RECOVERY MONDAY MEETINGS WANT TO SUPPORT YOU!

ZOOMS at 12:00 noon & 12:15pm

The online 12 noon Monday Freedom from the Obsession Group invites your participation in their meeting. We are a literature based meeting, with a speaker for months with a fifth Monday. Currently, we are studying the OA 12x12 alternating with stories from the book Overeaters Anonymous, 3rd edition. After we have completed those books, we will decide what literature to use next. Please contact Kathy B., 512 751 7150, with questions or more information. Zoom ID and Passcode can be found on the Heart of Texas OA Intergroup website, Find a Meeting, Direct Link to Meeting Calendar.

The Monday 12:15 pm Welcome Home local meeting on Zoom invites you to join. We have members ranging from newcomers to several people with long-term recovery. It is an excellent meeting with varying topics. The first Monday of the month is an OA Step Study. The second the leader chooses a topic from OA or AA literature. The third is a Big Book study. The fourth is an OA Traditions Study. The fifth Monday is a speaker meeting. You are invited and we would welcome speakers.

Contact Renee at 512-736-2793.

HYBRID IN-PERSON & ZOOM at 6:30pm

The Monday 6:30 PM Newcomers and Oldtimers meeting would love to have you attend. We meet both on Zoom and in person at St. George's Episcopal Church, Kleberg Hall, 1201 Ardenwood Rd. We have several members with decades of OA recovery and welcome newcomers. It is a speaker meeting. When newcomers are present, the topic is Steps 1, 2, and 3. If you would like to speak, you can just show up about 5 minutes early or can speak on Zoom. Contact Kim G. at 512-659-9528.

We look forward to seeing you!



[Illustrations from vecteezy.com](https://www.vecteezy.com/)

RESPONSIBILITY PLEDGE -

Always to
extend the hand and
heart of OA to all who
share our compulsion,
for this I am
responsible.

HIGHLIGHTED IN YELLOW - MEETING CHANGES

Website: heartoftexasoa.org	Austin Area Overeaters Anonymous IG #09229	Hotline # (512) 677-5590
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The only requirement for membership is a desire to stop eating compulsively. If you have a problem with food/weight (including anorexia or bulimia), you are welcome at any OA meeting. Any changes to any meeting on this list must be updated at WSO website: oa.org

Please email meetings@heartoftexasoa.org to let them know.

March - 2026

1-Sun. 3:00PM

Group #55710

Phone Meeting Only

Contact: Kelly 512-694-0137

Topic: Literature/Lifeline Study

Austin, 78722

Tel. Conference: 978 990 5000

Passcode: 686240#

5-Mon. 12:15PM

Group #800721

Virtual Mtg Only

Contact: Renee, 512-736-2793

Topic: Varies each week

Austin, 78745

Meeting ID: 524 387 555

Passcode: 173625

9-Tues. 12 Noon

Group # 800130

Virtual Mtg Only

Contact: Melissa R. 361-652-5140

Topic: Big Book/Speaker Meeting

Austin, 78758.

Meeting ID: 858 2920 5015

Passcode: 45279

2-Sun. 5:00PM

Group #57870

Face to Face

Contact: Pam R. 512-963-0404

Contact: Glenda 713-826-7828

Topic: Big Book, first 164 pages

Yellow House Foundation Bldg.

804 Leander Drive,

Leander, TX 78641, Rm 109

Enter main doors, there is a small hallway on the left. The meeting room is at the end of that hallway.

6-Mon. 6:30PM

Group #40260

Hybrid: Face to Face, Online

Contact: Mary Elaine

512-573-2376

Topic: Newcomer and Oldtimers

Kleberg Hall at St. George's

Episcopal Church,

1201 Ardenwood Rd.

Austin TX 78722

Meeting ID: 862 9718 6141

Passcode: 512171

10-Tues. 7:00pm

Group # 57903

Face to Face

Contact: Miriam S. 818-621-5282

Topic: Literature, Big Book

Lake Travis United Methodist

Church

1502 Ranch Rd 620 North

MAC Bldg, 2nd Fl

Lakeway, TX 78734

3-Sun. 6:00 – 7:00PM

Group #88865

Virtual Mtg Only

Contact: Sabrina H. 512-762-9442

1-512-270-0009

Topic: Literature Meeting,

Austin, 78752

Meeting ID: 861 4627 2153

Passcode: 01011960

7-Tues. 10:00AM

Group #801992

Face to Face

Contact: Jill S. 512-659-8508

Topic: AA Big Book Study

Meeting in person at

Grace Lutheran Church

708 Bluff Dr

Round Rock, TX 78681

Meeting held in Warnecke Grace

House. Located behind the

Church building on Bluff Dr.

In the Blue Room

11-Wed. 12 Noon

Group #801632

Virtual Mtg Only

Contact: Eddie G., 512-731-2131

Topic varies

Austin, 78741

Meeting ID : 894 1789 1111

Passcode : 382057

4-Mon. 12 Noon

Group #801109

Virtual Mtg Only

Contact: Kathy B., 512-751-7150

Topic: OA Literature, Varies

Austin, 78730.

Meeting ID: 819 2521 8451

Passcode: 509235

Online meeting locked at 12:15pm

8-Tues. 12 Noon

Group #50800

Face to Face

Contact: Kira, 661-435-5757

Topic: OA Steps/Traditions Study

Meeting in person at

First Lutheran Church

130 W Holland St

San Marcos, TX 78666

12-Wed. 5:30PM

Group #800341

Virtual Mtg Only

Contact: Barbara W.

512-451-0684

Topic: Literature Study

Austin, 78751.

Virtual Zoom meeting info

send email to:

bwiederaenders@att.net

13-Wed. 7:00PM
Group #88804
Virtual Mtg Only
Contact: Lisa M., 951-847-6108
Topic Meditation
Online Only
Zoom: 856 5467 1525
Passcode: 688644

14-Thurs. 10:15 – 11:30AM
Group #800372
Virtual Mtg Only
Contact: Rachel B. 812-204-1408
Topic: Chair picks/Open discussion.
Meeting ID: 834 7970 9423
Passcode: 421695

15-Thurs. 12:00 Noon
Group #57580
Face to Face
Contact: Jill S., 512-695-8508
Topic: Literature Study, Varies
Covenant United Methodist
4410 Duval Rd
Austin, TX 78727
Park in the back of church next to the playground. There will be an OA sign on the external door to the meeting room.

16-Thurs. 6:00PM
Group #58151
Face to Face
Contact: Sabrina, 512-762-9442
Topic: BB Study, Meditation
Abiding Love Lutheran Church
7210 Brush Country Rd
Austin, TX 78749
Please arrive on time. Meeting room is UPSTAIRS. There is an elevator. Doors are locked so we cannot hear you knock if you are late arriving.

17-Thurs. 6:30PM
Group #56398
Face to Face
Contact: Mary C., 830-265-0202
First United Methodist Church
1101 Bluebonnet Dr
Marble Falls TX 78654

18-Thurs. 8:00PM-
Group: #89261
Virtual Mtg Only
Contact: BJ, 512-787-8390
Topic: Literature Study
For vegans but everyone welcome
Zoom: 833 9893 4121
Passcode: 4863446

19-Fri. 12 Noon
Group #89019
Virtual Mtg Only
Contact: Candy P., 432-349-1512
Topic: Literature Study, Writing
Focus: Read, Write, Recharge!
Meeting ID: 827 4266 9025
Passcode: 088491

20-Every Fri 2:30pm
Group #56492
Face to Face
Contact: Kira, 661-435-5757
Topic: Literature Study
956 FM 2325
Wimberly Presbyterian
Wimberly, 78676
Church Library,
3rd door from the right

21-Sat. 9:00AM
Group # 24802
Face to Face
Contact: Wendy A., 512-317-5429
Topic: OA Steps & Traditions.
Kleberg Hall at St. George's
Episcopal Church,
1201 Ardenwood Rd.
Austin TX 78722
Take Airport Blvd exit, East on Airport, almost immediate right onto Parkwood Road to the church.

22-Sat. 9:30AM
Group #49196
Face to Face
Sign on door.
Contact: Melissa A. 361 649-4905
Topic: Rotation of literature: Step, Tradition, Big Book, and Leader's Choice. Literature Study, Varies
Georgetown Church of Christ,
1525 W. University Ave.
Georgetown TX 78628.

23-Sat. 9:00AM
Group #57867
Face to Face
Contact: Lynn, 512-740-8562
Topic: Literature Study, Varies
Special Focus: Health Issues
Emmanuel Episcopal Church,
118 N. Church St.
Lockhart TX 78655

For more
information on
OA events and
meetings please
check out
www.heartoftexasoa.org

Out of reaction
and into
investigation
Don't have
contempt prior to
investigation.