



Overeaters Anonymous Holiday Havoc and Serenity Workshop

Free Event On Zoom or In Person
Saturday, December 7, 2024
10:00 am - 2:00 CST

Join us as we explore
Surviving the Holidays Through
Traditions, Service, Mindful Eating and
working the Steps.

Click the QR
code to RSVP. Please
make sure to specify
Zoom or In Person



Join us in Person:
Abilene Public Library
South Branch
4310 Buffalo Gap Rd.
Abilene, TX 79606



For More Info
Contact:
andrea70A@gmail.com
**Workshop Sponsored
by the
Big Country
Intergroup**