

The Heart of Texas OA Intergroup Presents

12 Steppin' To Recovery



Region III Assembly and Convention

April 4-6, 2008

Austin, Texas

Welcome to Austin, Texas, the “Recovery Capital of the World”. This weekend we’re doing “Twelve Steppin’ To Recovery”



Friday, April 4

3:00 p.m.	5:00 p.m.	Region III Traditions Workshop	SG
3:00 p.m.	3:50 p.m.	<i>Make the World Go Away</i> - Letting Go and Letting God	Room 3
4:00 p.m.	4:50 p.m.	<i>I Ain't Living Long Like This</i> - The insanity of the disease	Room 3
5:00 p.m.	7:30 p.m.	<i>Free time</i>	
7:30 p.m.	9:00 p.m.	Grand Opening and Speaker <i>My Favorite Lies</i> - The power of Denial	Ballroom
9:00 p.m.	9:50 p.m.	<i>You've Never Seen Me Cry</i> - Feeling the feelings and staying sane	Room 3
10:00 p.m.	10:50 p.m.	<i>The Fool In the Mirror</i> - Body Image	Room 3
11:00 p.m.	11:50 p.m.	<i>You're No Alone Any More</i> - Finding a Higher Power	Room 3

Saturday, April 5

7:00 a.m.	7:50 a.m.	Meditation	Room 1
8:00 a.m.	5:00 p.m.	Region III Assembly	
9:00 a.m.	9:50 a.m.	<i>I Fall to Pieces</i> - Step One	Room 1
9:00 a.m.	9:50 a.m.	<i>Always On My Mind</i> - Freedom From Resentment	Room 2
9:00 a.m.	9:50 a.m.	<i>I'm Free at Last</i> - "We are going to know a new freedom and a new happiness"	Room 3
10:00 a.m.	10:50 a.m.	<i>Crazy</i> - Step Two	Room 1
10:00 a.m.	10:50 a.m.	<i>What Part of 'No'</i> - Setting Boundaries	Room 2
10:00 a.m.	10:50 a.m.	<i>(Don't go) Hangin' Your Life On the Wall</i> - "We shall not regret the past nor shut the door on it"	Room 3
11:00 a.m.	11:50 a.m.	<i>Back In The Saddle Again</i> - Step Three	Room 1
11:00 a.m.	11:50 a.m.	<i>Lookin' For Love</i> - Relationships in Recovery	Room 2
11:00 a.m.	11:50 a.m.	<i>Walkin' In Sunshine</i> - "That feeling of uselessness and self-pity will disappear"	Room 3
12 Noon	12:50 p.m.	Brown Bag OA Meeting	Room 3
1:30 p.m.	2:20 p.m.	<i>Take These Chains From My Heart</i> - Steps Four and Five	Room 1
1:30 p.m.	2:20 p.m.	<i>Unanswered Prayers</i> - Finding God's Will	Room 2
1:30 p.m.	2:20 p.m.	<i>Put Me Out of My Memory</i> - "We will lose interest in selfish things and gain interest in our fellows"	Room 3
2:30 p.m.	3:20 p.m.	<i>Here You Come Again</i> - Steps Six and Seven	Room 1
2:30 p.m.	3:20 p.m.	<i>Drop Kick Me HP Through the Goal Posts of Life</i> - Surrender	Room 2

2:30 p.m.	3:20 p.m.	<i>From This Moment On</i> - "Our whole attitude and outlook upon life will change."	Room 3
3:30 p.m.	4:30 p.m.	<i>I'm Sorry</i> - Steps Eight and Nine	Room 1
3:30 p.m.	5:00 p.m.	<i>I Hope You Dance</i> - Creativity and Recovery	Room 2
3:30 p.m.	4:20 p.m.	<i>Beggar to a King</i> - "We will suddenly realize that God is doing for us what we could no do for ourselves"	Room 3
4:30 p.m.	6:30 p.m.	Free time	
6:30 p.m.	9:00 p.m.	Dinner and Speaker <i>Phases and Stages</i> - What we were like, what happened and what we are like now	Ballroom
9:00 p.m.	11:00 p.m.	<i>The Dance</i>	Ballroom
9:00 p.m.	9:50 p.m.	<i>Funny How Time Slips Away</i> - Long Term Recovery	Room 3
10:00 p.m.	10:50 p.m.	<i>Semi-Crazy</i> - Life On Life's Terms	Room 3
11:00 p.m.	11:50 p.m.	<i>The Last Word In Lonesome is Me</i> - Breaking out of Isolation	Room 3
Sunday, April 6			
7:00 a.m.	7:50 a.m.	Meditation	Room 3
8:00 a.m.	8:50 a.m.	<i>I Walk The Line</i> - Steps Eleven and Twelve	Room 3
9:00 a.m.	9:50 a.m.	<i>Thinkin' Problems</i> - Overcoming shame of the disease	Room 3
10:00 a.m.	11:30 a.m.	Speaker and Grand Closing <i>How Can I Miss You When You Won't Go Away</i> - Carrying the message and life in the real world	Ballroom

The theme “Twelve Steppin’ To Recovery” invited us to set the program to music. Country music is a plentiful trove of songs about strife, heartbreak and the consequences of one’s less than careful choices. But there are also songs of celebration - about love, overcoming despair and the promise of a better life.

Always on my Mind (Johnny Christopher / Mark James / Wayne Carson Thompson)

Although recently associated with Willie Nelson, this song was originally recorded in 1972 by Brenda Lee.

Back In the Saddle Again (Gene Autry / Ray Whitley)

The signature song of cowboy entertainer Gene Autry. First released in 1939.

Beggar To a King (Hank Snow)

A 1961 hit for Hank Snow.

Crazy (Willie Nelson)

Made famous in 1961 by Patsy Cline.

Drop Kick Me Jesus (HP) Through The Goal Posts of Life (Paul Craft)

In 1976, singer Bobby Bare released this

song described in one review as a “Christian Cowboy Waltz”.

From This moment On (Shania Twain / Mutt Lange)

Shania Twain’s second biggest single, it was written at a soccer game in Italy as a love song between Twain and husband Mutt Lange.

Funny How Time Slips Away (Willie Nelson)

First recorded in 1961 by country singer Billy Walker.

Hangin’ Your Life On The Wall (Guy Clark / Verlon Thompson)

From Guy Clark’s 1995 album *Dublin Blues*.

Here you come again (Barry Mann / Cynthia Weil)

A 1977 album and hit song for Dolly Parton.

How Can I Miss You When You Won't Go Away?

(Dan Hicks)

I Ain't Living Long Like This (Rodney Crowell)

Title cut of his 1978 debut album.

I Fall To Pieces (Hank Cochran / Harlan Howard)

This 1961 song made Patsy Cline a household name.

I Hope You Dance (Mark D. Sanders / Tia Sillers)

Recorded by country singer Lee Ann Womack and featured on her 2000 album of the same name.

I Walk The Line (Johnny Cash)

The first number one hit for Johnny Cash.

Released on May 1, 1956.

I'm free at last (Ernest Tubb)

Recorded by Hank Williams Sr.

I'm Sorry (Dub Albritton / Ronnie Self)

A 1960 hit song for then 15-year-old singer Brenda Lee.

Lookin' For Love (Wanda Mallette / Bob Morrison

/ Patti Ryan)

Made famous by singer Johnny Lee, this song was part of the sound track of the 1980 movie Urban Cowboy.

Make the World Go Away (Hank Cochren)

Originally recorded in 1963 by Ray Price, it was a hit for Eddy Arnold in 1965.

My Favorite Lies (George Jones / Jack Ripley)

Another tale of heartbreak from "Ol' Possum"

Not Alone Any More (Roy Orbison)

Phases and Stages (Willie Nelson)

A 1974 concept album by Willie Nelson.

Put Me Out of My Memory (Johnny Bush)

From his 1978 album "Whiskey River"

Semi-Crazy (Junior Brown / R. Avis)

A modern trucker song by the master of the "guit-steel" guitar.

Take these Chains from my Heart (Hy Heath / Fred Rose)

One of the four posthumous number-one

records released in 1953 by Hank Williams Sr.

album by The Flatlanders.

The Fool In the Mirror (Guy Clark)

Another contemplative song by Guy Clark.

The Last Word in Lonesome is Me (Eddy Arnold / Frank Miller)

A 1966 hit single for country legend Eddy Arnold.

Thinkin' Problems (David Ball)

The title cut of David Ball's (formerly of Austin's Uncle Walt's Band) 1994 album.

Unanswered Prayers (Garth Brooks / Pat Alger / Larry Bastian)

A 1990 number-one hit for Garth Brooks.

Walkin' in the Sunshine (Roger Miller)

A 1967 hit for Roger Miller.

What part of 'No' (Wayne Perry / Gerald Smith)

A 1992 number-one hit for singer Lorrie Morgan.

You've Never Seen Me Cry (Butch Hancock)

This song was released on the legendary 1972

